COMPETENCY: COMMUNICATION

	1	2	3	4	5	N/A
Mentoring						
Lecturing						
Oral presentation to a lay audience						
Writing for a lay audience						
Writing for a discipline-specific audience						
Multi-media communication & digital tools						
Conflict resolution, including difficult conversations & minimizing conflict						
Social media communication & etiquette						
Email communication & etiquette						
Other:						
Other:						

COMPETENCY: TEACHING

	1	2	3	4	5	N/A
Oral presentation for a discipline-specific audience						
Leading discussion section or lab						
Tutoring						
Connecting with mentors						
Ability to receive constructive feedback						
Ability to give constructive feedback						
Other:						
Other:						

COMPETENCY: SCHOLARLY DEVELOPMENT

	1	2	3	4	5	N/A
Technical skills related to my major area						
(e.g., analytical skills, data analysis)						
-Specific technical skill:						
-Specific technical skill:						
-Specific technical skill:						
Detailed knowledge of my major area						
-Specific knowledge:						
-Specific knowledge:						
-Specific knowledge:						

COMPETENCY: PROFESSIONALISM - (Leadership, scholarly integrity, transferable skills)

	1	2	3	4	5	N/A
Respecting contributions of others						
Demonstrating cultural competence						
Working with diverse groups/teams						
Avoiding conflicts of interest						
Demonstrating responsible professional conduct						
Demonstrating skills useful in diverse professional settings						
Motivating others						
Networking inside your academic program						
Networking outside your academic program						
Assuming leadership positions						
Participating in service opportunities						
Other:						
Other:						

COMPETENCY: CAREER DEVELOPMENT

	1	2	3	4	5	N/A
CV/Résumé building						
Establishing career goals						
Awareness of career opportunities in your field						
Awareness of career-oriented graduate certificates						
Attending career-oriented professional development						
workshops						
Exploring career-focused academic certificates						
Identifying transferable skills						
Other:						

COMPETENCY: LEADERSHIP AND MANAGEMENT SKILLS

	1	2	3	4	5	N/A
Inspiring & motivating others						
Understanding mission, vision & strategy						
Being a change agent						
Coaching & developing others						
Managing projects & time						
Budgeting						
Organizational skills						
Setting goals & monitoring results						
Working with diverse teams/groups						
Other:						
Other:						